

You who are Spiritual

When has another person bore your burden?
What fruits of the spirit did you see? How did
that person bear your burden?

Verses to
ponder as
you answer
these
questions.

Psalm 55:22

John 13:34

When have people crashed and burned in bearing
your burdens?

1 John 4:16-18

1 Corinthians
13:4-8

Philippians
2:4

Think about the people in your life. How can you
bear the burdens of those around you?

Ephesians 4:2

Matthew
11:25-30